## Department of Family Medicine, Faculty of Medicine, Ramathibodi Hospital, Mahidol University

Our department is one of fifteen departments within the Faculty that offer three educational program levels for physicians.

- 1. Undergraduate program for medical students (clinical teaching in the 6-year program of Medical Degree, Ramathibodi Hospital, Mahidol University)
- 2. Postgraduate programs for medical residents (3-year program)
- 3. Clinical Fellowship program for post-residency training in a specific area. (1-year program)

# Family Medicine Residency Training Program at the Faculty of Medicine, Ramathibodi Hospital, Mahidol University

In Thailand, family medicine training is one of the newest specialties. It was established in 1999 with less popularity. Since 2001, the Department of Family Medicine at the Faculty of Medicine, Ramathibodi Hospital has offered a Family Medicine residency training programme that complies with the standard curriculum of the Royal College of Family Medicine, Medical Council of Thailand. However, our curriculum is unique in that it combines a horizontal family medicine training programme with other specialty block rotations for the entire three years, whereas most institutions only provide Family Medicine as a block rotation. Therefore, our programme is famous for being the strongest academic family medicine training programme in Thailand. We are in the top tier of Family Medicine Resident programme and attract the highest residency applications annually.

The 3-year residency training curriculum includes a combination of core family medicine rotations and elective rotations. Under the close supervision of attending physicians, the first-year resident will focus on individual health care principles, which are emphasized in patient-centered medicine. The second-year resident physician will provide continuous ambulatory outpatient care and home visits to their regular patients. After acquiring their own patients, residents will develop a family-centered approach to primary care. Additionally, they have practiced in remote community hospitals, where they had to apply their skills in family medicine to that community. In the last year, residents will learn how to be team leaders in instructing junior physicians and medical students. The training also incorporates elective rotations tailored to the interests of the resident, which can benefit their future careers as family physicians in diverse contexts across the country.

### <u>Elective rotation at Department of Family Medicine, Faculty of Medicine, Ramathibodi</u> Hospital

Family medicine residents, as well as residents in other medical specialties and healthcare allies, are eligible to participate in a family medicine elective rotation. We also accept

international resident physicians and medical students from a wide range of countries to participate in our elective program.

### For Family Medicine resident physicians:

The optional rotation consists of the following 4 choices.

- Family Medicine rotation
- Family Medicine and Geriatric family medicine combination
- Family Medicine and Palliative Care combination
- Palliative Care rotation

\*\* Duration: 1-2 months for each



#### For Health Allies

The department offers a music therapy elective to health care allies outside of the Faculty of Medicine, Ramathibodi Hospital. The rotations are separated into subcategories based on the interests of the applicant:

- Introduction to Music Therapy in Medical Setting (Intro to MT): Duration 1 day (8 hours)

Description: This is a one-day course that focuses on providing an introduction to hospital-based music therapy. The curriculum is separated into theory and practice. Learners will participate as recipients of music therapy services in order to experience its application. In addition, they can get experience through participating in various music therapy activities.

- Music Therapy in Medicine (MT in medicine): Duration 1 month (120 hours)

Description: The objective of this one-month course is to provide an introduction to music therapy utilized in medicine. The course is divided into teaching and learning theories joint observation and instructor demonstrations. Students will engage in a variety of music therapy activities throughout the clinical process of music therapy, including patient

assessment, formulating therapeutic goals and objectives, and musician therapy clinical practice.

#### **Staff of the Department**

Full-time attending physicians at the main campus: 18

Part-time attending physicians at the main campus: 2

Full-time attending physicians at CNMI (the outbound hospital setting): 4

Number of resident physicians: 37 (14 each year)

Number of fellow physicians in palliative medicine: 3 each year

Number of fellow physicians in geriatric family medicine: 2 each year (will start in July 2023)

Area of expertise: family medicine, palliative medicine, geriatric family medicine, sexual health and couple counselling, home care, medical education, occupational and environmental medicine

Area of interest: home care, elder care in the community, healthy ageing, behaviour modification, family counselling and therapy, couple counselling and therapy, sexual medicine, health informatics, patient journey, medical technology application in primary care, global and planetary health, cross-cultural medicine

#### Possibility of International partnership and collaboration

The Department of Family Medicine at Ramathibodi Hospital is looking forward to international collaboration to strengthen family medicine education and research.

The programs we provide are as follows:

- Medical student exchange (medical student elective program)
- Residency exchange between two institutes (resident elective program)
- Attending physician exchange (short visit for a teaching program or doing research)
- Fellowship program for attending physicians (academic program plus clinical observation) based on tailored-made duration and learning interests.
- Annual academic conference in family medicine (international speaker or panel)
- Online conference on various family medicine issues (periodic program)
- Research development and collaboration

Please contact Dr. Saipin Hathirat (Head of the Department) at saipin.hat@mahidol.ac.th if you are interested in collaborating with our faculty or on one of our programs.

For more information:

Our website: https://www.rama.mahidol.ac.th/fammed/en

Facebook: facebook.com/fammedrama