Contents

About the se			XIII
Contributor.	S serminoglobulins (antibodies)		xiv
Preface			xviii
Acknowledg	nements		xxi
How to use	your textbook		xxii
About the co	ompanion website		xxvi
	Eleman		
Chapter 1	The child in society: enhancing health	and wellbeing	1
chapter i	Lisa Whiting and Mary Donnelly	and wendering	167
			1
	Aim		
	Introduction		2
	The concept of childhood		3
	The child's 'voice'		4
	Fundamental aspects of children's lives		4
	Children's health and wellbeing		7
	Child public health		8
	Promoting child health: the role of the child	ren's nurse	10
	Morbidity and mortality		11
	Conclusion		12
	Glossary		12
	References		13
Chapter 2	Homeostasis		17
emapter 2	Mary Brady		
	Aim		17
	Introduction		18
	Regulation of homeostasis		18
	Homeostatic mechanisms		19
			20
	Energy production		22
	Systematic approach to homeostasis		30
	Thermoregulation		
	Conclusion		33
	Activities		33
	Glossary		37
	References		39
Chapter 3	Scientific principles		40
	Peter S. Vickers		
	Aim		40
	Introduction		41

viii

	Levels of organization		41 41
	Characteristics of life		41
	Bodily requirements Atoms		43
	Units of measurement		54
	Conclusion		54
	Activities		57
	Glossary		59
	References		61
	THE CONTROL OF THE SURVEY POUR ESQ. US		Acknowledg
Chapter 4	The cell		62
Chapter 4	Peter S. Vickers		02
	Aim		62
	Introduction		63
	Characteristics of the cell		63
	The structure of the cell		65
	The organelles		73
	Fluids and the body		73 78
	Conclusion		83
	Activities		84
	Glossary		86
	References		87
	References		e switch The
Chantor E	Genetics		00
Chapter 5			89
	Peter S. Vickers Aim		00
	Introduction		89
			90
	Genes		90
	From DNA to proteins		94
	The transference of genes		99
	Mendelian genetics		104
	Conclusion		111
	Activities		111
	Glossary References		114
	References		117
- A. Peste, lon, i			
Chapter 6	Tissues		118
	Peter S. Vickers		A. Comment
	Aim		118
	Introduction		119
	Types of tissues		120
	Tissue repair		132
	Children and tissue development		134
	Conclusion		135
	Activities		135
	Glossary		137
	References		120

Chapter 7	The immune system		140
	Alison Mosenthal		140
	Aim		140
	Introduction		141
	Blood cell development		141
	The organs and tissues of the immune sys	tem	142
	Types of immunity		148
	Immunoglobulins (antibodies)		156
	Actions of antibodies		159
	Immunizations		160
	Conclusion		163
	Activities		163
	Glossary		165
	References		166
			100
Chapter 8	Blood		167
	Peter S. Vickers		107
	Aim		167
	Introduction		168
	Composition of blood	Activities .	168
	Functions of blood	Glossary	170
	Constituents of blood		172
	Blood vessels ·		183
	Structure and function of blood vessels		184
	Conclusion		190
	Activities		190
	Glossary		193
	References		194
	noithun		
Chapter 9	The cardiac system		196
	Sheila Roberts		
	Aim		196
	Body map		197
	Introduction		197
	Fetal circulation		197
	Changes at birth		198
	Position and size of the heart		200
	Structures of the heart		201
	The electrical pathway through the heart		205
	Electrocardiogram		206
	The cardiac cycle		207
	Cardiac output		209
	Factors affecting the heart rate		210
	Conclusion		210
	Conditions to consider in relation to the car	diac system	211
	Activities		211
	Glossary		213
	References		215

Chapter 10	The respiratory system		216
	Elizabeth Akers		
	Aim		216
	Body map		217
	Introduction		217
			218
	The lungs		224
	Conclusion		230
	Activities		230
	Glossary		231
	References		232
Chapter 11	The endocrine system		233
and a	Julia Petty		
	Aim		233
	Introduction		234
	Physiology of the endocrine system		235
	Anatomy of the endocrine system		238
	Conclusion		252
	Activities		252
	Glossary		253
	References		254
	References		27
Chapter 12	The digestive system and nutrition		256
chapter 12	Joanne Outteridge		
	Aim		256
	Body map		258
	Introduction		258
	Fetal development and infant nutrition		263
	The anatomy and physiology		266
	Conclusion		278
	Activities		278
	Glossary		280
	References		280
	References		174
Chapter 13	The renal system		282
nor	Elizabeth Gormley-Fleming		
	Aim		- 282
		The electrical pathway through t	283
	The renal system	Electrocardiogram	283
	The kidney		284
	Functions of the kidney		291
	Blood supply to the kidneys		291
	Formation of urine		292
	Composition of urine		295
	The ureters		297
	The bladder		297
	The urethra		298
	THE GIEUTIA		200

377

	Function of the bladder and micturition	300
	Conclusion	301
	Activities	301
	Glossary	303
	References	304
Chapter 14	The reproductive systems	305
	Ann L. Bevan	
	Aim	305
	Introduction	306
	Fetal embryology: sexual differentiation	306
	The male reproductive system	308
	The female reproductive system	317
	Conclusion	329
	Activities	330
	Glossary	331
	References	333
Chapter 15	The nervous system	335
	Petra Brown	
	Aim	335
	Introduction	336
	Organization of the nervous system	336
	Cellular structure of the nervous system	337
	Transmission of nerve impulses	340
	Fetal development	342
	Childhood development	342
	Central nervous system	344
	Peripheral nervous system	352
	Conclusion	361
	'Did you know' information	361
	Activities	361
	Glossary	363
	References	365
Chanter 16	The muscular system	366
Lapter 10	Elizabeth Gormley-Fleming	300
	Aim	366
	Introduction	367
	Muscle development in early life	367
	Types of muscle tissue	367
	Function of musculature system	369
	Gross anatomy of skeletal muscle	371
	The micro-anatomy of the muscle	372
	Types of muscle fibres	374
	Skeletal muscle relaxation and contraction	375

Energy requirements for muscle contraction

xii

	Organization of skeletal muscl	Eunction of the bladder and micturition	378
	Conclusion		393
	Activities		399
	Glossary		401
	References		401
	mi I I I I I I I I I I I I I I I I I I I		403
Chapter 17	The skeletal system		403
	Debbie Martin		400
	Aim		403
	Body map		404
	Introduction		404
	The function of the skeleton		405
	Bone structure and growth		408
	Bone healing		- 413
	Bone classification		415
	Joints		418
	Conclusion		419
	Activities		424
	Glossary		425
	References		427
Chapter 18	The senses		428
	Joanne Outteridge		
	Aim		428
	Introduction		429
	The sense of smell (olfaction)		429
	The sense of taste (gustation)		430
	The ear		432
	Sight		437
	Conclusion		441
	Activities		441
	Glossary		442
	References		443
Chapter 19	The skin		444
	Elizabeth Gormley-Fleming		
	Aim		444
	Introduction		445
	The structure of skin		446
	Functions of the skin		455
	Conclusion		460
	Activities		460
	Glossary		463
	References		464
	Composition of salar		101
Self-assessm	ent answers	Skeletal muscle relaxation and contraction	466
Index		Energy requirements for muscle contraction	489