

Editorial Board vii
 Preface xli
 Preface to the First Edition xlii

Volume 1

Part 1 SPORTS MEDICINE

SECTION I SHOULDER

- 1 Shoulder Arthroscopy: The Basics 2
Elizabeth Matzkin and Craig R. Bottoni
- 2 Arthroscopic Treatment of Anterior Shoulder Instability 9
Robert A. Arciero and Anthony Parrino
- 3 Arthroscopic Treatment of Posterior Shoulder Instability 20
Fotios P. Tjoumakaris and James P. Bradley
- 4 Arthroscopic Treatment of Multidirectional Shoulder Instability 26
Steven B. Cohen
- 5 Arthroscopic Treatment of Superior Labral Anterior Posterior (SLAP) Tears 34
Thomas H. Wuerz, Davietta C. Butty, Annemarie K. Tilton, and Brian J. Cole
- 6 Throwing Shoulder 40
Brian C. Werner and Stephen F. Brockmeier
- 7 Arthroscopic Treatment of Biceps Tendinopathy 55
J. R. Rudzki and Benjamin S. Shaffer
- 8 Arthroscopic Treatment of Subacromial Impingement 68
Gregory A. Tayrose and Spero G. Karas
- 9 Acromioclavicular Disorders 76
Harris S. Slone and Spero G. Karas

- 10 Arthroscopic Treatment of Rotator Cuff Tears 82
Surena Namdari, Jay D. Keener, Ken Yamaguchi, and Aaron M. Chamberlain
- 11 Arthroscopic Treatment of Subscapularis Tears, Including Subcoracoid Impingement 92
Christopher R. Adams, Patrick J. Denard, and Stephen S. Burkhart
- 12 Repair and Reconstruction of Acromioclavicular Injuries 103
Mandeep S. Virk, Robert A. Arciero, and Augustus D. Mazzocca
- 13 Arthroscopic Acromioclavicular Joint Stabilization 115
Andrew Pastor and Winston J. Warme
- 14 Arthroscopic Release of Nerve Entrapment 120
Felix H. Savoie III and Michael J. O'Brien
- 15 Arthroscopic Capsular Releases for Loss of Motion 125
Ruth A. Delaney, Ryan W. Simovitch, Lindsay R. Miller, and Laurence D. Higgins
- 16 Scapulothoracic Arthroscopy 135
Ryan J. Warth and Peter J. Millett
- 17 Arthroscopic Débridement and Glenoidplasty for Shoulder Degenerative Joint Disease 144
Christian J.H. Veillette and Scott P. Steinmann

SECTION II ELBOW

- 18 Elbow Arthroscopy: The Basics 151
John E. Conway
- 19 Arthroscopic Treatment of Chondral Injuries and Osteochondritis Dissecans 161
Marc Safran and Michael Kalisvaart
- 20 Arthroscopic Treatment of Valgus Extension Overload 172
Jonathan H. Capelle and Larry D. Field

- 21 Arthroscopic Treatment of Elbow Loss of Motion 177
Laith M. Al-Shihabi, Chris Mellano, Robert W. Wysocki, and Anthony A. Romeo
- 22 Arthroscopic Débridement for Elbow Degenerative Joint Disease 187
Julie E. Adams and Scott P. Steinmann
- 23 Lateral Epicondylitis (Tennis Elbow) Arthroscopic Treatment 192
Alexander A. Fokin, Colin P. Murphy, and Kevin P. Murphy
-
- SECTION III HIP
-
- 24 Hip Arthroscopy: The Basics 201
Marc Safran, Michael Kalisvaart, and Matthew A. Stanich
- 25 Cartilage Injuries 213
Benjamin V. Stone, Caroline Park, and Anil S. Ranawat
- 26 Scope for Femoroacetabular Impingement 220
Christopher M. Larson and Patrick M. Birmingham
- 27 Snapping Hip/Lateral Hip 231
J.W. Thomas Byrd, MaCalus V. Hogan, Brian D. Busconi, Sean McMillan, Craig M. Roberto, and Scott King
- 28 Athletic Pubalgia and Adductor Injuries 241
Kostas Economopoulos and Anikar Chhabra
- 29 Periarticular Arthroscopy 247
Danyal H. Nawabi and Bryan T. Kelly
- 30 Proximal Hamstring Injury 258
Thomas J. Kremen, Jr., Robert T. Sullivan, and William E. Garrett
- 31 Synovial-Based Disorders 264
Jared Thomas, James R. Ross, Michael J. Salata, Rick Bancroft, and Asheesh Bedi
-
- SECTION IV KNEE
-
- 32 Knee Arthroscopy: The Basics 276
Alan L. Zhang and Christina R. Allen
- 33 Scope Synovectomy 284
Bryan Haughom, Brandon J. Erickson, and Charles Bush-Joseph
- 34 Arthroscopic Meniscectomy 292
Frederick M. Azar and Nicolas S. Bonnaig
- 35 Meniscal Repair 303
Nicholas A. Sgaglione, Kevin Myers, and Adam Bitterman
- 36 Meniscal Transplant 317
Clay G. Nelson and Kevin F. Bonner
- 37 Microfracture Chondroplasty 331
J. Richard Steadman and William G. Rodkey
- 38 Osteochondral Autograft "Plug" Transfer 339
F. Alan Barber and William M. Weiss
- 39 Autologous Chondrocyte Implantation 348
Jon E. Browne, James E. Voos, and Thomas P. Branch
- 40 Allograft Cartilage Transplantation 358
Eric C. McCarty, R. David Rabalais, Kenneth G. Swan, Jr., Richard Williams, and Brian C. Dombly
- 41 Osteochondritis Dissecans and Avascular Necrosis 366
Matthew T. Burrus and David R. Diduch
- 42 Single-Bundle Anterior Cruciate Ligament 381
James S. Starman, Austin J. Crow, and Mark D. Miller
- 43 Double-Bundle Anterior Cruciate Ligament 393
Kevin N. Jiang, Christopher D. Murawski, and Freddie H. Fu
- 44 Revision Anterior Cruciate Ligament Reconstruction 401
David R. McAllister, Kristofer J. Jones, and Frank Petrigliano
- 45 Posterior Cruciate Ligament Surgery 411
Amanda L. Weller, Craig S. Mauro, and Christopher D. Harner
- 46 Repair of Acute and Chronic Knee Medial Collateral Ligament Injuries 423
Adam V. Metzler and Darren L. Johnson
- 47 Management of Posterolateral Corner Injuries 431
Richard J. Thomas and Mark D. Miller
- 48 Management of the Multiple Ligament-Injured Knee 442
Lindsey N. Dietrich, Dustin L. Richter, Daniel C. Wascher, Andrew J. Veitch, and Robert C. Schenck
- 49 Repair of Acute and Chronic Patella Tendon Tears 455
Thomas M. DeBerardino and Laura E. Scordino
- 50 Repair of Acute and Chronic Quadriceps Tendon Ruptures 460
Krishna Mallik

- 51 Knee Loss of Motion 467
**Gregory C. Fanelli, Justin D. Harris,
Daniel J. Tomaszewski, and John A. Scanello III**
- 52 Knee Lateral Release 476
**Andrea M. Spiker, Carl H. Wierks, and
Andrew J. Cosgarea**
- 53 Medial Patellofemoral Ligament Reconstruction 482
**Hany Elrashidy, Joseph Carney, Najeeb Khan, and
Donald C. Fithian**
- 54 Tibial Tubercle Transfer 491
John P. Fulkerson
- 55 Deepening Trochleoplasty 499
**David Dejour, Justin W. Griffin, Paulo Saggin, and
David R. Diduch**

SECTION V LEG

- 56 Chronic Exertional Compartment Syndrome 509
**Jonathan A. Godin, Jocelyn R. Wittstein,
L. Scott Levin, and Claude T. Moorman III**
- 57 Lower Extremity Nerve Entrapment 520
Daniel J. Fuchs, Bryant S. Ho, and Anish R. Kadakia
- 58 Implants in Sports Medicine 529
F. Alan Barber

Part 2 PELVIS AND LOWER EXTREMITY TRAUMA

SECTION I PELVIS AND HIP

- 1 External Fixation of the Pelvis 542
**Stephen A. Kottmeier, Brian Campfield,
John C. P. Floyd, and Nicholas Divaris**
- 2 Open Reduction and Internal Fixation
of the Symphysis 559
Michael S. H. Kain and Paul Tornetta III
- 3 Open Reduction Internal Fixation of the
Sacroiliac Joint and Sacrum 570
Henry Claude Sagi
- 4 Open Reduction and Internal Fixation of the Posterior
Wall of the Acetabulum 588
Jodi Siegel and David C. Templeman
- 5 Open Reduction and Internal Fixation of Femoral
Head Fractures 599
Darin Friess and Thomas Ellis

- 6 Open Reduction and Internal Fixation and Closed
Reduction and Percutaneous Fixation of Femoral
Neck Fractures 607
Brian Mullis and Jeff Anglen

SECTION II FEMUR AND KNEE

- 7 Cephalomedullary Nailing of the
Proximal Femur 620
Thomas A. Russell
- 8 Open Reduction and Internal Fixation of
Peritrochanteric Hip Fractures 635
Andrea Halim and Michael R. Baumgaertner
- 9 Fixation of Periprosthetic Fractures About/
Below Total Hip Arthroplasty 648
**Aaron Nauth, Iain Stevenson, Matthew D. Smith,
and Emil H. Schemitsch**
- 10 Fixation of Periprosthetic Fractures Above
Total Knee Arthroplasty 660
Frank A. Liporace and Derek J. Donegan
- 11 Retrograde Intramedullary Nailing of the Femur 671
Laura S. Phieffer and Ronald Lakatos
- 12 Antegrade Intramedullary Nailing of the Femur 682
Navid M. Ziran and Bruce H. Ziran
- 13 Open Reduction and Internal Fixation of the
Distal Femur 698
Animesh Agarwal
- 14 Open Reduction and Internal Fixation of
the Patella 725
Samir Mehta
- 15 Open Reduction and Internal Fixation of
Bicondylar Plateau Fractures 735
William M. Ricci
- 16 Lateral Tibial Plateau Fractures 744
Philipp Kobbe and Hans Christoph Pape
- 17 Fixation of Posterior Plateau Fractures via
Posterior Approaches 752
Erik Noble Kubiak

SECTION III LEG

- 18 External Fixation of the Tibia 763
J. Tracy Watson
- 19 Intramedullary Nailing of the Tibia 780
Mark A. Lee, Jonathan G. Eastman, and Brett Crist

- 20 Intramedullary Nailing of Metaphyseal Proximal and Distal Fractures 797
Robert Ostrum and Michael Quackenbush
- 21 Fasciotomy of the Leg for Acute Compartment Syndrome 806
George Partal, Andrew Furey, and Robert V. O'Toole
-
- SECTION IV FOOT AND ANKLE
-
- 22 Open Reduction and Internal Fixation of the Pilon 819
Cory Collinge, Bryan W. Ming, and Michael Prayson
- 23 Open Reduction and Internal Fixation of the Ankle 835
Sanjit R. Konda and Kenneth A. Egol
- 24 Open Reduction and Internal Fixation of the Talus 847
David E. Karges
- 25 Surgical Treatment of Calcaneal Fractures 865
Steven D. Steinlauf, James B. Carr, and Roy W. Sanders
- 26 Open Reduction and Internal Fixation of Lisfranc Injury 886
Michael P. Clare and Roy W. Sanders
- 27 Open Reduction and Internal Fixation of Jones Fractures 896
Scott J. Koenig and Steven D. K. Ross
- Part 3 ADULT RECONSTRUCTION**
-
- SECTION I HIP RECONSTRUCTION
-
- 1 Basics of Total Hip Arthroplasty: The Preoperative Patient Evaluation 904
Scot Brown and William Hozack
- 2 Bearing Surface Options for Total Hip Arthroplasty 907
Eric A. Levicoff, Robert P. Good, and Peter F. Sharkey
- 3 Prevention of Complications in Total Hip Arthroplasty 917
Eric B. Smith
- 4 Cemented Total Hip Arthroplasty 930
Matthew S. Hepinstall and José A. Rodriguez
- 5 Uncemented Total Hip Arthroplasty 943
Matthew S. Austin, Brian A. Klatt, and Paul B. McKenna
- 6 Total Hip Arthroplasty in Severe Deformity 953
Chloe E.H. Scott, Frazer A. Wade, and Colin R. Howie
- 7 Hip Resurfacing 970
Kang-Il Kim and Young Soo Chun
- 8 Total Hip Arthroplasty for Malignant Lesions 989
R. Lor Randall and Lisa A. Kafchinski
- 9 Revision Total Hip Arthroplasty with Well-Fixed Components 1000
Derek F. Amanatullah and Mark W. Pagnano
- 10 Revision Total Hip Arthroplasty with Femoral Bone Loss: Impaction Allografting 1011
Vishnu Prasad, Bas Weerts, and Michael Dunbar
- 11 Revision Total Hip Arthroplasty with Femoral Bone Loss: Fluted Stems 1023
Patrick O'Toole and Gregory Deirmengian
- 12 Revision Total Hip Arthroplasty with Femoral Bone Loss: Proximal Femoral Replacement 1031
Pouya Alijanipour and Javad Parvizi
- 13 Revision Total Hip Arthroplasty with Acetabular Bone Loss: Impaction Allografting 1041
Matthew J. Wilson and A. John Timperley
- 14 Revision Total Hip Arthroplasty with Acetabular Bone Loss: Antiprotrusio Cage 1047
Patrick Kane, Matthew S. Austin, James J. Purtill, and Brian A. Klatt
- 15 Revision Total Hip Arthroplasty: Pelvic Discontinuity 1054
Paul B. McKenna and Matthew S. Austin
- 16 Hemiarthroplasty of the Hip 1062
Hari P. Bezwada
- 17 Resection Arthroplasty and Spacer Insertion 1082
Mark J. Spangehl and Christopher P. Beauchamp
- 18 Hip Reimplantation Surgery 1093
Peter N. Misur, Winston Y. Kim, and Bassam A. Masri
-
- SECTION II HIP PRESERVATION
-
- 19 Proximal Femoral Osteotomy 1100
Claudio Diaz Ledezma, Philipp Henle, Moritz Tannast, and Klaus A. Siebenrock
- 20 Pelvic Osteotomy 1108
Michael J. Beebe, Jill Erickson, and Christopher L. Peters

- 21 Surgical Hip Dislocation (Femoroacetabular Impingement) 1123

Luis Pulido and Rafael J. Sierra

- 22 Treatment of Anterior Femoroacetabular Impingement through the Mini-Open Anterior Approach 1132

Diana Bitar and Javad Parvizi

- 23 Hip Arthroscopy 1151

John P. Salvo and Daniel P. Woods

SECTION III KNEE RECONSTRUCTION

- 24 Unicondylar Knee Arthroplasty 1161

Danielle Y. Ponzio, Eric A. Levicoff, Robert J. Ponzio, and Jess H. Lonner

- 25 Upper Tibial Osteotomy (High Tibial Osteotomy) 1174

Tomoyuki Saito, Yasushi Akamatsu, and Ken Kumagai

- 26 Cemented Total Knee Arthroplasty 1185

Eric A. Levicoff and Robert P. Good

- 27 Revision Total Knee Arthroplasty with Femoral Bone Loss: Metal Augments 1203

Gwo-Chin Lee

- 28 Revision Total Knee Arthroplasty with Tibial Bone Loss: Metal Augments 1212

R. Michael Meneghini

- 29 Revision Total Knee Arthroplasty with Femoral Bone Loss: Distal Femoral Replacement 1220

B. Sonny Bal

- 30 Revision Total Knee Arthroplasty with Tibial Bone Loss: Bone Grafting 1227

Emmanuel Thienpont

- 31 Revision Total Knee Arthroplasty with Removal of Well-fixed Components 1235

Adeel Husain, Matthew S. Austin, and Charles L. Nelson

- 32 Revision Total Knee Arthroplasty with Extensile Exposure: Tibial Tubercle Osteotomy 1242

Gregg R. Klein and Mark A. Hartzband

- 33 Revision Arthroplasty with Extensile Exposure V-Y Quadricepsplasty 1248

Thomas C. Emmer, Jonathan Salava, and Ali Oliashirazi

- 34 Revision Total Knee Arthroplasty with Extensor Mechanism Reconstruction 1252

Alvin Ong and Fabio Orozco

- 35 Revision Total Knee Arthroplasty to Correct Stiffness 1258

Craig J. Della Valle

- 36 Knee Arthrodesis 1268

Rajit Chakravarty, Bhaveen H. Kapadia, Julio J. Jauregui, and Michael A. Mont

Exam Table for Sports Medicine

Exam Table for Pelvis and Lower

Extremity Trauma

Exam Table for Adult Reconstruction

Volume 2

Part 4 PEDIATRICS

SECTION I TRAUMA

- 1 Intramedullary Fixation of Forearm Shaft Fractures 1282

Charles T. Mehlman

- 2 Open Reduction and Internal Fixation of Displaced Lateral Condyle Fractures of the Humerus 1292

Kristan A. Pierz and Brian G. Smith

- 3 Open Reduction and Internal Fixation of Fractures of the Medial Epicondyle 1299

Brian G. Smith and Kristan A. Pierz

- 4 Open Reduction of Supracondylar Fractures of the Humerus 1304

Christine M. Goodbody and John M. Flynn

- 5 Closed Reduction and Percutaneous Pinning of Supracondylar Fractures of the Humerus 1308

Paul D. Choi and David L. Skaggs

- 6 Reconstruction for Missed Monteggia Lesion 1316

Apurva S. Shah and Peter M. Waters

- 7 Closed, Percutaneous, Intramedullary, and Open Reduction of Radial Head and Neck Fractures 1328

Roger Cornwall

- 8 Open Reduction and Internal Fixation of Pediatric T-Condylar Fractures 1341

Keith D. Baldwin and John M. Flynn

- 9 Supracondylar Humeral Osteotomy for Correction of Cubitus Varus 1351

Yi-Meng Yen, Richard E. Bowen, and Norman Y. Otsuka