

CONTENTS

Acknowledgments	vii
About the Editors	ix
Contributors	xi
Introduction	xiii

1. Cognitive Remediation for Psychological Disorders: An Overview 1
Matthew M. Kurtz
2. Assessment As It Relates to Functional Goals 24
Philip D. Harvey and Richard S. E. Keefe
3. Treatment Planning 47
Alice Saperstein and Alice Medalia
4. Bridging Groups 66
Christopher R. Bowie and Alice Medalia
5. A Metacognitive Approach to Cognitive Remediation: Why We Need to Attend to It to Produce Functional Outcomes 88
Til Wykes, Adam Crowther, and Clare Reeder
6. Implementation and Dissemination of Evidenced-Based Mental Health Practices 117
Frances Dark
7. Addressing Cognitive Distortions, Dysfunctional Attitudes, and Low Engagement in Cognitive Remediation 138
Christopher R. Bowie and Maya Gupta
8. How to Assess and Choose Computerized Cognitive Exercises 155
Tiffany Herlands and Alice Medalia
9. Compensatory Approaches to Improving Functioning 176
Elizabeth W. Twamley
10. Integrating Social Cognitive Training 194
William P. Horan, David L. Roberts, and Katherine Holshausen