

Case 5

A 24-year-old Thai woman from Bangkok

Chief complaint: Skin rash and painful lips for 5 days



Present illness: The patient developed painful bilateral conjunctivitis, orogenital erosions, and skin lesions predominately on acral distribution for 5 days. She reported a self-limiting episode of cough and fever approximately 2 weeks ago.

Past history: Mixed anxiety-depressive disorder

Current medication: Sodium valproate 500 mg/d, fluoxetine 20 mg/d, fluvoxamine 250 mg/d, lamotrigine 25 mg/d

Physical examination:

- V/S: BT 37.4°C, BP 110/74 mmHg, PR 72/min, RR 20/min
- Heart: Normal S1 S2, no murmur
- Lung: Normal and equal breath sound
- Abdomen: Soft, no mass, no hepatosplenomegaly
- Lymph node: Impalpable

Dermatological examination:

- Some erythematous to dusky red papules with atypical target lesions on face, neck, and legs (Fig.5.1)
- Multiple confluent erythematous papules with central dusky red, some typical target lesions on both palms and soles (Fig.5.2)

Mucosal examination:

- Multiple erosions on oral and genital mucosa
- Bilateral conjunctival injection (Fig.5.3)

Other systems: Unremarkable

Investigation:

- CXR normal
- *Mycoplasma pneumoniae* positive titer 1:160
- HSV type 1, 2 IgM negative
- HLA-B*1502 absent

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